



We are passionate about working with Cornish suppliers and we are committed to sourcing locally where possible.

Our free range eggs come from Rosedown Farm near Bodmin and our milk from Rodda's creamery near Redruth.

Our Black Angus beef is reared and supplied by Angus Trotter of Redruth; he also supplies our free range chicken and pork.

SMALL PLATES AND SHARING

Greek Blond olives - 150g jar **£4.50**

We have tasted them all (*well nearly*) and come up with our mix.

Soup **£4.50**

Please ask for today's variety.
Served with bara rustic baguette.

Living space long board *Meat or veggy* **£14.50**

Ideal as a main course for one or as a shared starter for two. A selection of cured meats, marinated vegetables and cheese with grilled flat bread.

Greek salad **£5.50 / £10.95**

Barrel aged feta, cucumber, onion, tomatoes and parsley with olive oil, red wine vinegar and oregano.

Seared Loch Duart salmon & green paw paw **£10.50**

Shredded crisp Asian paw paw, with classic Thai sweet, sour, salty dressing, coriander, holy basil and lime.

FOOD IS SERVED IN THE LIVING SPACE
FROM 11.30AM – 10.00PM

PLEASE ORDER AT THE BAR FOR
OUTSIDE DINING

SANDWICHES

Served with dressed local salad leaves

Grilled black Angus **£11.95**

Chopped steak, peri peri sauce, aioli, crisp lettuce on ciabatta served with fries.

Wipeout **£9.50**

Looks like a pizza but it ain't! Flat bread topped with tomato sauce, mozzarella and herbs, baked and finished with Parma ham and wild rocket.

Fishtail **£11.95**

Cornish white crabmeat, bound with lemon mayonnaise and avocado on soft white.

Landlubber **£9.50**

Grilled free range chicken, bacon, Swiss cheese, gem lettuce and tomato relish on granary.

Fishes fingers **£8.50**

Breaded fillets of Cornish fish, lashings of tartar sauce on soft white with fries.

*If you would like a simple sandwich for you or your children, please ask. We have local cheese, ham or chicken for you to choose from. **£5.50 / £2.75***

KIDS

Pasta with pesto **£4.50**

Grilled chicken fillets **£4.50**

Served with fries and a choice of French or baked beans.

Fish fingers **£4.50**

Served with fries and a choice of French or baked beans.

Pizza **£5.75**

Homemade cheese and tomato.



LARGE PLATES

Grilled fish of the day **£13.50**
On marinated vegetables and Mojo Picon (*a red pepper sauce from South America*).

Grilled free range Cornish Red chicken **£14.50**
On Mograbia salad (*Israeli cous cous with broad beans and peas, loads of herbs, oil, lemon and vinegar*) and harissa.

8oz Black Angus sirloin steak **£17.75**
With red onion and tomato salad with fries.

Cornish fishcakes **£12.50**
French beans and shallots with tzatziki.

Higher Laity farm organic lamb rump **£16.00**
Marinated in cumin, char grilled and served with a butter bean salad and mint salsa.

Goats cheese and spinach tart **£13.25**
On a tomato salad, peppery rocket and classic Genovese pesto.

SIDES

Fries **£2.50**

Tomato basil salad **£2.50**

Rocket and Parmesan **£2.50**

Grilled vegetables **£3.00**

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DESSERT

A selection of Roskillys ice creams or sorbets with cookies **£5.00**

Chocolate cheesecake with creme fraiche **£5.00**

Treacle tart and Rodda's clotted cream **£5.00**

Berries and cream with fruit compote **£5.00**

All desserts are available for kids at £2.50.

CAKES

Two homemade scones **£4.50**
with Rodda's clotted cream and strawberry jam.

A selection of cakes and muffins are also available from the bar.



COFFEE

Origin Coffee is a small, independent coffee company based in Cornwall. We serve their Rainforest Alliance Espresso Blend from the Monte Sion Estate in El Salvador and the Daterra Estate In Brazil.

The Rainforest Alliance works in conjunction with coffee farmers to conserve biodiversity and ensure sustainable livelihoods by transforming land-use and business practices

Espresso	£2.00
Double espresso	£3.00
Americano	£2.50
Cappuccino	
<i>Small</i>	£2.50
<i>Large</i>	£3.00
Mocha	
<i>Small</i>	£2.50
<i>Large</i>	£3.30
White chocolate mocha	
<i>Small</i>	£2.80
<i>Large</i>	£3.30
Latte	
<i>Small</i>	£2.50
<i>Large</i>	£3.00

TEAS BY THE POT

Breakfast	£2.50 per pot
Earl Grey blue flower	
Whole peppermint	
Mango tango	
Green tea with ginseng	
Spiced citrus	
Camomile	

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HOT DRINKS

Hot chocolate / Hot white chocolate	
<i>Small</i>	£2.50
<i>Large</i>	£3.00

SOFT DRINKS

Cornish Spring sparkling 750ml	£3.30
Cornish Spring still 750ml	£3.30
Cornish Spring sparkling 250ml	£1.55
Cornish Spring still 250ml	£1.55
Belvoir ginger beer 250ml	£3.10
Bottlegreen Pressé 275ml	£2.60
Orangina 330ml	£3.00
Red Bull 250ml	£2.60
Fever Tree mixers 200ml	£1.55
Coke 1/2 pt	£1.55
Diet Coke 1/2 pt	£1.55
Lemonade 1/2 pt	£1.55

FRUIT JUICE

Apple juice	£1.55
Cranberry juice	£1.55
Grapefruit juice	£1.55
Orange juice	£1.55
Pineapple juice	£1.55
Tomato juice	£1.55



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WINE LIST

WINES BY THE GLASS & THE BOTTLE

SPARKLING WINES & CHAMPAGNE

	125ml	Bottle
VEUVE CLICQUOT YELLOW LABEL BRUT	£9.50	£56.20
<i>Champagne, France</i>		
Pale gold, confident full aroma and flavour, mouth filling and satisfying. Excellent in it's class with real depth of flavour.		
PROSECCO FRIZZANTE MIONETTO	£5.65	£29.15
<i>Italy</i>		
Stylish light sparkling wine made from 100% Prosecco grapes. Perfect as an aperitif or as an accompaniment to food.		
PROSECCO ROSÉ LEGATURA MIONETTO	£5.65	£29.15
<i>Italy</i>		
Fabulous, moreish Rose fizz. Very fruity with lively cherry-like highlights. Scents of roses and raspberry are also evident. A real delight!		

WHITE WINES

	175ml	250ml	Bottle
ANAPAI RIVER SAUVIGNON BLANC	£5.40	£7.35	£21.50
<i>Marlborough, New Zealand</i>			
A vibrant, citrusy wine with an aroma of fresh gooseberries and packed with tropical fruit flavours.			
SARTORI PINOT GRIGIO DELLE VENEZIE	£4.60	£6.40	£18.95
<i>Italy</i>			
Fresh, dry and delicate with gentle floral and citrus aromas. A classic Italian easy drinking white wine.			
SANTA HELENA CHARDONNAY	£3.95	£5.60	£15.85
<i>Central Valley, Chile</i>			
This is spot-on New World Chardonnay, showing lots of ripe tropical fruit freshness with floral undertones and a bright, clean finish.			
SANCERRE DOMAINE NEVEU	£6.40	£9.90	£26.60
<i>Loire, France</i>			
A classic wine from the historical home of Sauvignon. With elegant 'gunflint' minerality and a long citrus finish.			



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VINAS RIOJANAS TORRONTES SELECCION	£4.10	£5.90	£16.35
<i>Argentina</i>			
This crisp, fresh wine has a delightful bouquet reminiscent of peach blossom. Elegant, lively fruits lead to a clean, reviving finish.			
RED WINES	175ml	250ml	Bottle
LOS GANSOS PINOT NOIR	£4.55	£6.40	£18.15
<i>Chile</i>			
Aromas of berries, black cherries and sweet fruits mix with hints of toasty oak. Los Gansos - 'The Geese' that roam freely on the vineyard help to reduce the use of artificial pesticides.			
BEAUJOLAIS – VILLAGES, PAUL BEAUDET	£4.35	£6.15	£18.65
<i>Beaujolais, France</i>			
Grown up Beaujolais with smoothness and distinction with plenty of raspberry and strawberry character. Try it chilled.			
SANTA HELENA MERLOT	£3.95	£5.60	£15.85
<i>Central Valley, Chile</i>			
Soft, ripe and rounded and packed with plummy spice and red fruit flavours. A real over-performer.			
CABERNET SAUVIGNON CRIANZA DOC	£5.50	£7.45	£21.50
<i>Navarra, Spain</i>			
A great alternative to Rioja. A lovely nose of blackcurrant fruit and hints of chocolate and vanilla in a full bodied style. Matured in American oak.			
ROLLING SHIRAZ	£5.65	£7.65	£23.50
<i>Orange, Australia</i>			
A wine of fine cool elegance drawn from its high altitude vineyards and perfect wine making skills. Award winning wine.			
ROSÉS	175ml	250ml	Bottle
VIA FORDULO MERLOT ROSÉ	£3.95	£5.60	£15.85
<i>Szekszárd, Hungary</i>			
A vibrant fresh and brightly fruity rosé with masses of red summer fruit flavours in a pleasing just off-dry style.			
ONE WORLD ORCHID BOULEVARD, ZINFANDEL ROSÉ	£3.95	£5.60	£15.85
<i>California</i>			
Light and delicate, sweet style rosé, bookmark Californian pink.			



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WHITE WINES

LIGHT & UPLIFTING

CHABLIS – PASCAL BOUCHARD

£35.80

France

Made by one of the top producers, this is classic Chablis with concentrated citrus fruit enhanced by tight acidity and lovely green mineral overtones.

ORVIETO CLASSICO CAMPOGRANDE SECCO, ANTINORI

£21.20

Umbria, Italy

Smooth, nutty, elegant refreshment from an area half way between Rome and Florence, and made by the great Tuscan house Antinori.

SOAVE CLASSICO SUPERIORE, INAMA

£29.75

Italy

Exciting Soave, refreshing yet rich fruit bouquet edged with green apple notes. Ideal as an aperitif or paired with salads and white fish.

AROMATIC & FRUITY

RIESLING LIEU-DIT LETZENBERG, KUEHN

£26.00

Alsace, France

Deliciously off dry style Riesling, showing off an intense fruit line that's wonderfully long over a keen mineral edge, the surprisingly perfect accompaniment to dishes with a bit spice.

POUILLY FUMÉ 'LES LOGERES'

£30.70

Loire, France

Classic and grassy with a boisterous touch of gooseberry fruit over a neat mineral base, this offers classic character at good value.

MONTE CLAVIJO BLANCO RIOJA

£19.20

Spain

A deliciously light and crisp white Rioja with nutty notes on the nose and tight, crisp acidity. A wine ideally suited to complement pork, shellfish or any light meats.

VIOGNIER, LAURENT MIQUEL

£24.50

Pays d' Oc, France

Peach scented Viognier is perfectly pitched here, award winning wine from one of the best family producers in the South of France. Fruity and full enough to partner white meat dishes.

SAUVIGNON BLANC-SEMILLON, MCHENRY HOHNEN

£23.50

Australia

From the man at the forefront of the Malborough Sauvignon revolution – founder of Cloudy Bay – notes of green apples and gooseberries from the Sauvignon, combining with the soft creaminess of the Semillon.



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FULL & COMPLEX

CLOUDY BAY SAUVIGNON

£46.75

Marlborough, New Zealand

This iconic wine shows tropical and citrus fruits. The palate is mouth-wateringly juicy yet finishes with a refreshing crispness.

MUSCADET DE SÈVRE ET MAINE SUR LIE, CHEREAU CARRÉ

£24.75

Loire, France

A remarkable Muscadet, a reserve wine matured from an early vintage and accrued extra character and depth of flavour slowly, in which not a jot of freshness has been lost. Wonderful with shell fish.

FALSE BAY CHENIN BLANC

£18.95

Western Cape, South Africa

Fine mineral characters with gentle ripe apple and honey aromas, followed by delicious greengage and citrus lemon acidity on the long finish.

WHITEHAVEN PINOT GRIS

£25.00

Marlborough, New Zealand

Initially quietly understated yet grows from fresh to smooth to a full bodied classy super modern wine. Matches well with salmon, mushrooms, pasta and egg dishes.

ROLLING CHARDONNAY

£23.50

Orange, Australia

From grapes grown in Oz's highest region, this cool Chardonnay has a creamy, grassy and herby full delivery. Totally luscious.



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SPARKLING WINES & CHAMPAGNE

CAMEL VALLEY BRUT

£40.90

Cornwall, England

Superb golden sparkler with elegant fizz and full, ripe flavour, yet truly 'brut'.

VEUVE CLICQUOT ROSÉ

£66.45

Champagne

Elegant and generous, with red berry, dried fruits and biscuit notes. On the palate, it shows perfect balance and combines elegance and personality.

VEUVE CLICQUOT LA GRANDE DAME 1995

£153.30

Champagne

A remarkable wine. First impressions are of flowers and fruit giving way to warmer aromas of brioche.

ROSÉ WINES

CÔTES DU LUBERON ROSÉ 'MARRENON CLASSIC'

£18.95

France

A tantalising mix of cherry and strawberry fruit notes, off dry with a persistent and lingering finish. The ultimate summer rosé.

SANCERRE ROSÉ, DOMAINE DE LA PERRIÈRE

£32.45

Loire, France

Classic and pale in colour, this rosé, made from the Pinot Noir grape, is dry and sophisticated- sheer decadence!



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HALF BOTTLES

VEUVE CLICQUOT YELLOW LABEL BRUT NV.

£30.70

Champagne

Pale gold, confident full aroma and flavour, mouth filling and satisfying.
Excellent in its class with real depth of flavour.

VINA CARMEN, MERLOT

£9.20

Curico, Chile

Dark reddish-black. Gives a noseful of intense raspberry-edged fruit, and a palate of rich supple flavours.
Merlot is one of Chile's top trumps and Carmen delivers it well.

CHABLIS, PASCAL BOUCHARD

£18.65

France

Made by one of the top producers, this is classic Chablis with concentrated citrus fruit
enhanced by tight acidity and lovely green mineral overtones.

MUSCADET SÈVRE AND MAINE, CHEREAU CARRÉ

£9.20

Loire, France

Dry, crisp and fresh with a light almond character. Perfect with fish.

CHATEAU DU PAVILLION

£22.75

France

Made from a high percentage of Merlot, this wine has lovely cedar notes and is soft and elegant,
with a touch of spice on the finish.

DESSERT WINES

70ml

Bottle

ELYSIUM BLACK MUSCAT

£4.80

£25.55

California

First aroma notes are twiggy, then brambly, then wildly sweet – then finally the Muscat perfume
with the Elysian sweet long finish. A wonderful mix.
Great match with chocolate.

ESSENSIA ORANGE MUSCAT

£4.80

£25.55

California

Liquid gold with orange lights, it has clear Muscat aroma with fresh acidity and intense orange c
haracter with a powerful finish. Try with fruit based desserts.

BOTRYTIS SEMILLON

£3.60

£18.95

Australia

Pure gold colour and intense flavour from the honeyed effect of Botrytis.
Can even complement a cheese board.



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RED WINES

LIGHT & REFINED

COTES DU RHONE, AUGUSTE BESSAC

£17.95

France

A thoroughly amiable wine of warmth and ripeness with plenty of red berry fruits and a fine tanning structure to create good all round balance.

VALPOLICELLA CLASSICO SUPERIORE

£29.95

Italy

This estate bottled wine is a generous old fashioned Italian style. Good fruit and structure, complex, concentrated and satisfying. Smashing with Italian style dishes.

PINOT NOIR TOTARA HILL

£26.10

New Zealand

Gleaming red colour, the delicate, stylish, sweet strawberry notes of Pinot Noir followed by a smooth, lingering finish.

EASY MID-WEIGHTS

MCHENRY 3 AMIGOS

£28.75

Margaret River, Western Australia

The classic three Rhone varieties blended together to bring Shiraz juiciness and spice, Grenache sweet, ripe fruit and the vivid dark character of Mataro. Renowned producer.

CARRASCAL MALBEC CABERNET MERLOT, CAVAS WEINEAT MENDOZA

£20.70

Argentina

Attractively matured in style, with tasty baked blackberry and currant fruit character over a supple, well-knit structure. Beautifully perfumed with a lingering finish.

BORSAO TINTO, BODEGAS BORSAO, CAMPO DE BORJA

£17.15

Spain

Bright young purple fruit with youthful charm masking the skilful use of complementary yet not overwhelming oak.

EMITA DE SAN FELICES RIOJA RESERVA

£37.50

Spain

Made from 100% Tempranillo grapes from the best vineyards of the Rioja region. Amazingly intense and concentrated, showing its maturity this wine will not disappoint and is brilliant with lamb.



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CLOS MALVERNE, RESERVE PINOTAGE

£29.75

Stellenbosch, South Africa

Ripe, cherry and plum flavours on the palate are enhanced by a touch of cloves.
An attractive interpretation of this unique cape varietal from a leading estate.

FULL & DRAMATIC

CHATEAUNEUF DU PAPE

£54.20

Rhone, France

A big robust and mouth-filling Chateauneuf with distinctive damson, fig and date notes
yet ultra soft and voluptuous. The flagship red from the Rhone valley.

WENTE ZINFANDEL, BEYER RANCH

£29.95

California

Bursting with spicy aromas and flavours of raspberry and black pepper. Eight months in oak
provides hints of wood and tannins leading to a well-structured wine, which is smooth and balanced.

IRREVERENTE

£22.50

Beiras, Portugal

A fabulous blend of indigenous Portuguese grape varieties and oak aged to produce a wine that is
packed with herbal notes and hedgerow flavours, bright, spiced berries and a smoky edge.
Good for those who like Cabernet Sauvignon and Shiraz.

BAROLO

£40.15

Italy

The Nebbiolo's classic hints of tar and roses seem to be tucked in here.
The roses are the top notes on the dark fruits, spices and dried orange peel;
tar gives the trademark final bite.



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COCKTAILS

Classic Mojito <i>Pampero rum, with fresh mint, lime and crushed ice</i>	£7.15
Espresso Martini <i>Stolichnaya vodka, Kahlua, Amaretto and an espresso</i>	£7.15
Fistral Breeze <i>Absolut Citron vodka and elderflower cordial topped with apple and cranberry juice</i>	£7.15
Golden Margarita <i>Jose Cuervo Tequila, Cointreau and fresh lime</i>	£7.15
Ginger Collins <i>Tanqueray Gin, Ginger Syrup and lemon juice</i>	£7.15
The Watergate Royale <i>Veuve Clicquot Champagne with a dash of Cointreau and Crème de Cassis</i>	£10.20
Rusty Nail <i>Johnny Walker Black and Drambuie poured over ice</i>	£7.15

DRAUGHT BEERS

	PT	1/2 PT
Skinner's Cornish Lager	£3.40	£1.70
Becks Vier	£3.60	£1.80
Staropramen	£4.30	£2.15
Doombar	£3.30	£1.65
Guinness	£4.10	£2.05
Cornish Orchards	£4.10	£2.05

BOTTLED BEERS

Corona 330ml	£3.60
Kopparberg Cider 568ml	£5.15
Kopparberg Pear Cider 568ml	£5.15
Peroni 330ml	£3.60
Becks alcohol free 330ml	£3.35

SPIRITS

Absolut Citron 35ml	£3.35
Bacardi 35ml	£3.35
Belvedere Vodka 35ml	£4.10
Sipsmith Vodka 35ml	£3.85
Sipsmith Gin 35ml	£3.85
Bombay Sapphire 35ml	£3.70
Captain Morgan Rum 35ml	£3.35
Grey Goose Vodka 35ml	£4.35
Plymouth Gin 35ml	£3.35
Jose Cuervo Gold Tequila 35ml	£3.35
Pampero Rum 35ml	£3.60
Plymouth Sloe Gin 35ml	£2.85
Mount Gay Rum 35ml	£3.35
Stolichnaya Vodka 35ml	£3.35
Tanqueray Special 35ml	£3.90

SPECIALIST WHISKY

Johnny Walker Black Label 35ml	£3.60
Glenfiddich 12 y.o. 35ml	£4.60
Glenmorangie 35ml	£4.90
Jack Daniels 35ml	£3.85
Jamesons 35ml	£3.35
Laphroaig 10 y.o. 35ml	£4.60
Talisker 35ml	£5.15
Woodford Reserve 35ml	£3.85
Canadian Club 35ml	£4.10



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BRANDY & COGNAC

Calvados la Maraude 35ml	£3.35
Compte Laffite 10 y.o. 35ml	£5.15
Courvoisier VS 35ml	£4.60
Courvoisier VSOP 35ml	£6.15
Hennessey VS 35ml	£4.60
Hennessey XO 35ml	£14.35
Hine Antique XO 35ml	£13.30

LIQUEURS

Amaretto 35ml	£3.10
Baileys Irish Cream 70ml	£4.10
Cointreau 35ml	£3.10
Drambuie 35ml	£3.60
Grand Marnier 35ml	£3.60
Kahlua 35ml	£3.10
Malibu 70ml	£4.10
Sambuca 35ml	£3.10
Southern Comfort 35ml	£3.60
Tia Maria 35ml	£3.10
Frangelico 70ml	£4.10
Advocaat 70ml	£3.35

PORT & SHERRY

Harvey's Amontillado 70ml	£3.10
Harvey's Bristol Cream 70ml	£3.10
Fonseca Port Bin 27 70ml	£3.10
Stones Ginger Wine 70ml	£3.60
Taylors 10 y.o. Tawny 70ml	£5.15
Taylors White Chip 70ml	£4.10
Tio Pepe 70ml	£3.10

VERMOUTHS & APERITIFS

Martini Bianco 70ml	£3.10
Martini Dry 70ml	£3.10
Martini Rosso 70ml	£3.10
Noilly Pratt 70ml	£2.60
Archers 70ml	£4.10
Campari 70ml	£4.10
Pimms No 1 70ml	£4.10
Pernod 70ml	£3.10
Winter Pimms 70ml	£4.10

LIQUEUR COFFEE

Irish coffee	£4.60
Baileys latte	£4.60
Amaretto coffee	£4.60
Calypso, Tia Maria	£4.60
Gaelic coffee - Scotch	£4.60
Grand Marnier - hot chocolate	£4.60